

**Church of Saint Matthew – January 9, 2022**

**SAINT MATTHEW WELCOMES ALL TO OUR PARISH**

New to the area, joining us for the first time or coming home again? Please contact Kevin Jack at [kjack@st-matts.org](mailto:kjack@st-matts.org) to register as a member of our parish family, we will be happy to get you signed up or welcome you back.

**THE POWER OF PRAYER**

You can request prayers for yourself, family and friends by calling St. Matthew's Prayer Line 651.457.0228. You can request prayers for healing, family unhappiness, help to find a job, addiction to name a few. All requests are confidential.

**PRAYERS FOR OUR PARISH FAMILY**

Please remember in your prayer our parish family and friends who are ill or in need of our prayers. Pray for their recovery and for their family members who are with them and caring for them.

**If you have a loved one you would like to add to this list, please call the Parish office, provide us with your name and the name of your loved one.** We are strong as a community praying together.

**A LITTLE SPIRITUAL HELP TO GET US THROUGH THESE TOUGH TIMES ACT OF CONTRITION**

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy.

**SPIRITUAL COMMUNION**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.



## **AROUND THE NEIGHBORHOODS**

### **'NO ORDINARY RETREAT' WITH PAT MILLEA**

Join St. Joseph Catholic Church for a winter Parish Retreat as Pat Millea walks us through a 3-night "No Ordinary Retreat." As we launch into the new year as well as head into the Liturgical Ordinary time season – let us all look at how we can turn simple ordinary, day-to-day, aspects of life extra-ordinary and faith filled. Each night Pat will explore a different aspect of life and how to make it extra ordinary. Join us for 1 night or all 3!

Wednesday – Family Life

Thursday – Work / Volunteer

Friday – Recreation, Celebration, and Renewal

January 12, 13 & 14, 2022 6:30pm – 7:30pm FREE | All Ages Welcome St. Joseph Church 13900 Biscayne Ave W Rosemount, MN 55068-3451

## **PRAYERS AND SUPPORT FOR HEALTH CARE WORKERS**

Health care workers: Catholic faithful throughout the archdiocese are dedicated to praying for you!

Visit [archspm.org/covid19prayers](https://archspm.org/covid19prayers) to submit a prayer request. On this page, you may also sign up for a weekly email, watch encouraging videos, and find resources for support.

Want to join in praying for health care workers? Commit to daily prayer for health care workers by texting archspm-healthcare to 55321 or signing up at [eva.us/archspm-healthcare](https://eva.us/archspm-healthcare). You will receive a weekly message with a link to names of health care workers to keep in your prayers.

## **PRAY FOR THE SYNOD**

**Learn more about the Archdiocesan Synod** and find past series, including Praying with Scripture, Healing and Hope Retreat, and Faith and Culture, at [archspm.org/synod](https://archspm.org/synod).

All are invited to pray for our Archdiocesan Synod in this special way! Each month between now and Pentecost 2022, a different parish in our Archdiocese will host a votive Mass of the Holy Spirit and Eucharistic Adoration. Join us for daily Mass and holy hour with lectio divina prayer.

### Remaining Locations and Dates

Friday, January 14, 8 p.m. Mass (Adoration at 6:30 p.m.) at St. Stephen, Minneapolis

Thursday, February 17, 5:15 p.m. at St. Peter Claver, St. Paul

Monday, March 14, 7 p.m. at St. Hubert, Chanhassen

Tuesday, April 26, 7 p.m. at St. Paul, Ham Lake

Tuesday, May 17, 5:45 p.m. at St. Peter, Mendota

## **SEEKING TOTUS TUUS MISSIONARIES FOR SUMMER 2022**

The Archdiocese is seeking college age men and women (age 18-26) committed to their Catholic faith who feel called to share it with youth (grades 1-12) in local parishes. This position is a temporary two-month commitment; June 3 – July 30 (which includes one week of training and a one week break for the 4th of July holiday). Missionaries will receive \$2,520 for their service.

Bring the good news to the next generation; share the faith, build friendship, answer the call and become a 2022 TOTUS TUUS Summer Missionary in the Archdiocese of Saint Paul and Minneapolis! Application deadline is February 1<sup>st</sup>, 2022

To apply, please go to <https://www.archspm.org/seeking-totus-tuus-missionaries-for-summer-2021/>

## **HEART-TO-HEART BOOK STUDY FOR VICTIM/SURVIVORS**

Based on the book *Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead*, by Brené Brown

Every day we experience the uncertainty, risks, and emotional exposure that define what it means to be vulnerable or to dare greatly, especially as victim/survivors. Based on twelve years of pioneering research, Brené Brown PhD, LMSW, dispels the cultural myth that vulnerability is weakness and argues that it is, in truth, our most accurate measure of courage.

Date(s): 1st and 3rd Wednesdays

Time: 6:30 p.m. CDT

End Time: 8 p.m. CDT

Location: Zoom

More Information: <https://www.archspm.org/heart-to-heart-book-study-for-victim-survivors/>